

Highlands Latin School

First Trimester Lunch Menu - 2019-20

Each lunch comes with milk, fruit and dessert. Fruit and dessert may vary on occasion

8/27 Pizza, Caesar salad, watermelon, brownie

8/28 Beefaroni, glazed carrots, roll, apple slices, chocolate chip cookie

8/29 Pork fried rice, egg roll, oriental slaw, oranges, whole wheat sugar cookie

8/30 Loaded Potatoes, French bread, roasted vegetables, pineapple, oatmeal cookie

9/3 Pasta w/marinara or meat sauce, Caesar salad, garlic bread, apple slices, lemon bar

9/4 Beef and noodles, peas and carrots, roll, pineapple, caramel cake

9/5 Arroz con Pollo (chicken and rice), green beans, roll, watermelon, snickerdoodle cookie

9/6 Red beans and rice, cornbread, salad, oranges, chocolate pudding

9/10 Cheese Quesadilla, Spanish rice, refried beans, salad, peaches, molasses cookie

9/11 Meatloaf, mashed potatoes, roll, glazed carrots, apple slices, brown sugar cookie

9/12 Breakfast for Lunch-Scrambled eggs, sausage links, biscuit & gravy, zucchini & tomato casserole, oranges, blueberry cookie

9/13 Make your own sack lunch-choice of sandwich/entree, snacks, fruit, vegetable, dessert

9/17 Taco Salad Bar, tortilla chips, black bean & corn salsa, fruit & yogurt w/granola, carrot cake

9/18 Chicken Pot Pie, biscuit, salad, pineapple, rice krispie treat

9/19 Mac & Cheese, BBQ dogs, roasted vegetable medley , watermelon, apple crisp

9/20 BBQ Sandwich, potato salad, coleslaw, applesauce, white chocolate chip cookie

9/24 Noodles Romanoff, Caesar salad, garlic bread, sliced apples, chocolate chip cookie

9/25 Cheeseburger pie, cheese biscuit, green beans, pineapple, snickerdoodle cookie

9/26 Homemade chicken tenders, roasted potatoes, green beans, pineapple, chocolate cake

9/27 Sloppy Joe, roasted sweet potatoes, salad, mixed berries, oatmeal butterscotch cookie

10/1 Chicken Enchilada Casserole, cornbread, salad, oranges, molasses cookie

10/2 Baked cheese and sausage rigatoni, Caesar salad, garlic bread, pineapple, lemon bar

10/3 Grilled cheese and tomato soup, salad, apple slices, brownie

10/4 Meatball Sub, chips, Caesar salad, pineapple, yellow cake

10/8 Pasta w/chicken cream sauce, Caesar salad, garlic bread, peaches, blonde brownie

10/9 Beefaroni, corn, salad, roll, apple slices, chocolate crinkle cookie

10/10 Pork fried rice, egg roll, oriental salad, oranges, lemon crinkle cookie

10/11 Swedish meatballs w/egg noodles, roll, peas and carrots, oranges, whole wheat sugar cookie

10/15 Taco Salad Bar, tortilla chips, black bean & corn salsa, fruit & yogurt w/granola, s'more cookie

10/16 Meatloaf, mashed potatoes, glazed carrots, roll, apple slices, rice krispie treat

10/17 Breakfast for Lunch-Scrambled eggs, sausage links, biscuit & gravy, zucchini & tomato casserole, oranges, blueberry crumb cake

10/18 Loaded Potatoes, French bread, roasted vegetables, mixed berries, carrot cake

10/22 Pasta Primavera, Caesar salad, garlic bread, applesauce, snickerdoodle cookie

10/23 Cheeseburger pie, peas and carrots, cheese biscuit, pineapple, lemon crinkle cookie

10/24 Homemade chicken tenders, roasted potatoes, green beans, apple slices, lemon bar

10/25 Chicken enchilada casserole, cornbread, salad, pineapple, chocolate cake

10/29 Cheese Quesadilla, Spanish rice, refried beans, salad, applesauce, marble cake

10/30 Chicken Pot Pie, vegetables and dip, pineapple, white chocolate chip cookie

10/31 Harvest Lunch-Red Chili, roasted sweet potatoes, cornbread, salad, apple slices, special dessert

11/1 BBQ sandwich, chips, coleslaw, peaches, brownie

11/5 Make your own sack lunch-choice of sandwich/entree, snacks, fruit, vegetable, dessert

11/6 Arroz con Pollo (chicken and rice), green beans, roll, pineapple, chocolate crinkle cookie

11/7 Mac & Cheese, BBQ dogs, roasted vegetables, oranges, apple crisp

11/8 Sloppy Joe, roasted sweet potatoes, salad, mixed berries, caramel cake

11/12 Noodles Romanoff, roasted broccoli, garlic bread, peaches, brown sugar cookie

11/13 Swedish meatballs w/egg noodles, roll, glazed carrots, oranges, pumpkin cookie

11/14 Beef & Noodles, peas and carrots, apple slices, chocolate cake

11/15 Meatball subs, Caesar salad, chips, oranges, molasses cookie

11/19 Grilled cheese and chicken noodle soup, vegetables and dip, pineapple, rice krispie treat

11/20 Spanish rice and refried beans, tortilla chips, salad, oranges, whole wheat sugar cookie

11/21 Thanksgiving Dinner- Turkey & dressing, mashed potatoes, gravy, roll, green beans, apple slices, pumpkin cookie

11/22 White chicken chili, cornbread, salad, applesauce, molasses cookie

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Second Trimester Lunch Menu - 2019-20

12/3 Pizza, Caesar salad, pineapple, brownie

12/4 Beefaroni, roasted vegetables, roll, apple slices, pumpkin cookie

12/5 Pork fried rice, egg roll, oriental slaw, oranges, yellow cake

12/6 Loaded Potatoes, French bread, roasted broccoli, peaches, chocolate pudding

12/10 Pasta Primavera, Caesar salad, garlic bread, oranges, blonde brownie

12/11 Red Beans and rice, cornbread, salad, pineapple, rice krispie treat

12/12 Christmas Dinner-Roast Beef, mashed potatoes, gravy, roll, green beans, oranges, special dessert

12/13 BBQ sandwich, coleslaw, chips, applesauce, chocolate cookie

12/17 Cheese Quesadilla, Spanish rice, refried beans, salad, oranges, marble cake

12/18 Arroz con Pollo (chicken and rice), green beans, roll, apple slices, snickerdoodle cookie

1/7 Pizza, Caesar salad, pineapple, brownie

1/8 Cheeseburger Pie, green beans, cheese biscuit, apple slices, chocolate chip cookie

1/9 Taco Salad Bar, tortilla chips, black bean & corn salsa, fruit & yogurt w/granola, yellow cake

1/10 Grilled cheese and Tomato Soup, salad, peaches, s'more cookie

1/14 Chicken Enchilada Casserole, cornbread, salad, oranges, rice krispie treat

1/15 Noodles Romanoff, roasted broccoli, garlic bread, apple slices, blonde brownie

1/16 Homemade chicken tenders, roasted potatoes, green beans, peaches, chocolate cookie

1/17 Red Chili, cornbread, salad, pineapple, oatmeal butterscotch cookie

1/21 Penne pasta w/chicken cream sauce, Caesar salad, garlic bread, oranges, apple crisp

1/22 Beef & Noodles, peas and carrots, roll, pineapple, brown sugar cookie

1/23 Breakfast for Lunch-Scrambled eggs, sausage links, biscuit & gravy, zucchini & tomato casserole, fruit & yogurt, cinnamon roll cookie

1/24 Sloppy Joe, roasted sweet potatoes, vegetables and dip, mixed berries, pumpkin cookie

1/28 Cheese Quesadilla, Spanish rice, refried beans, salad, oranges, whole wheat sugar cookie

1/29 Beefaroni, glazed carrots, roll, apple slices, snickerdoodle cookie

1/30 Pork fried rice, egg roll, oriental salad, pineapple, chocolate pudding

1/31 Meatball sub, Caesar salad, chips, peaches, chocolate crinkle cookie

2/4 Mac & Cheese, BBQ dogs, roasted vegetable medley, pineapple, apple crisp

2/5 Grilled cheese and Tomato soup, salad, peaches, brownie

2/6 Homemade chicken tenders, roasted potatoes, green beans, oranges, lemon bar

2/7 White chicken chili, cornbread, salad, applesauce, molasses cookie

2/11 Taco Salad Bar, tortilla chips, black bean & corn salsa, fruit & yogurt w/granola, lemon cookie

2/12 Noodles Romanoff, roasted broccoli, garlic bread, apple slices, caramel cake

2/13 Valentine's Day Lunch-Spaghetti & Meatballs, Caesar salad, garlic bread, oranges, special dessert

2/14 BBQ sandwich, potato salad, coleslaw, mixed berries, whole wheat sugar cookie

2/18 Pasta Primavera, Caesar salad, garlic bread, apple slices, blonde brownie

2/19 Arroz con Pollo (chicken and rice), green beans, roll, pineapple, yellow cake

2/20 Breakfast for Lunch-Scrambled eggs, sausage links, biscuit & gravy, zucchini & tomato casserole, fruit & yogurt, blueberry cookie

2/21 Chicken enchilada casserole, salad, peaches, butterscotch oatmeal cookie

2/25 Smoked sausage & roasted potato casserole, Mardi gras corn, salad, pineapple, Fat Tuesday cupcake

2/26 Pasta w/marinara or meat sauce, Caesar salad, garlic bread, oranges, rice krispie treat

2/27 Swedish meatballs w/egg noodles, roll, peas and carrots, apple slices, brownie

2/28 Loaded Potatoes, French bread, roasted broccoli, peaches, chocolate chip cookie

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Third Trimester Lunch Menu - 2019-20

3/10 Pizza, Caesar salad, pineapple, brownie

3/11 Pork fried rice, egg roll, oriental slaw, oranges, chocolate cake

3/12 St. Patrick's Day Lunch-Beef & Noodles, buttered cabbage, roll, apple slices, Irish dessert

3/13 Rigatoni and Spinach, Caesar salad, garlic bread, applesauce, blonde brownie

3/17 Beefaroni, roasted sweet potatoes, salad, roll, oranges, snickerdoodle cookie

3/18 Arroz con Pollo (chicken and Rice), green beans, roll, pineapple, molasses cookie

3/19 BBQ Sandwich, cole slaw, chips, oranges, yellow cake

3/20 Grilled cheese and Tomato soup, salad, watermelon, whole wheat sugar cookie

3/24 Cheese Quesadilla, Spanish rice, refried beans, salad, oranges, rice krispie treat

3/25 Cheeseburger Pie, salad, cheese biscuit, watermelon, chocolate crinkle cookie

3/26 Breakfast for Lunch-Scrambled eggs, sausage links, biscuit & gravy, zucchini & tomato casserole, fruit & yogurt, blueberry crumb cake

3/27 Noodles Romanoff, Caesar salad, garlic bread, peaches, caramel cake

3/31 Taco Salad Bar, tortilla chips, black bean & corn salsa, oranges, brownie

4/1 Meatloaf, mashed potatoes, glazed carrots, roll, apple slices, chocolate chip cookie

4/2 Mac & Cheese, BBQ dogs, roasted vegetable medley, pineapple, apple crisp

4/3 Pasta Primavera, Caesar salad, garlic bread, watermelon, brown sugar cookie

4/7 Chicken enchilada casserole, cornbread, salad, oranges, pumpkin cookie

4/8 Red beans and rice, salad, cornbread, applesauce, molasses cookie

4/9 Easter Dinner-Ham, mashed potatoes, green beans, pineapple, special dessert

4/14 Chicken Pot Pie, salad, biscuit, oranges, chocolate cake

4/15 Beefaroni, glazed carrots, roll, pineapple, lemon bar

4/16 Homemade chicken tenders, roasted potatoes, green beans, apple slices, blonde brownie

4/17 Meatball sub, Caesar salad, chips, watermelon, snickerdoodle cookie

4/21 Baked cheese & sausage rigatoni, Caesar salad, garlic bread, oranges, chocolate chip cookie

4/22 Swedish meatballs w/egg noodles, peas and carrots, roll, pineapple, lemon crinkle cookie

4/23 Pork fried rice, egg roll, oriental salad, apple slices, chocolate pudding

4/24 BBQ Sandwich, coleslaw, potato salad, peaches, whole wheat sugar cookie

4/28 Taco Salad Bar, tortilla chips, black bean & corn salsa, fruit & yogurt w/granola, brownie
4/29 Cheeseburger Pie, salad, cheese biscuit, watermelon, lemon bar
4/30 Derby Lunch-Kentucky Hot Brown, roasted broccoli, fruit salad, special dessert
5/1 Penne pasta w/chicken cream sauce, Caesar salad, garlic bread, pineapple, snickerdoodle cookie

5/5 Cheese Quesadilla, Spanish rice, refried beans, salad, oranges, yellow cake
5/6 Pasta w/marinara or meat sauce, Caesar salad, garlic bread, watermelon, chocolate pudding
5/7 Arroz con Pollo (chicken and rice), green beans, roll, pineapple, rice krispie treat
5/8 Grilled cheese sandwich and Tomato soup, salad, applesauce, molasses cookie

5/12 Mac & Cheese, BBQ dogs, roasted vegetable medley, oranges, apple crisp
5/13 Chicken Pot Pie, salad, biscuit, watermelon, chocolate cake
5/14 Breakfast for Lunch-Scrambled eggs, sausage links, biscuit & gravy, zucchini & tomato casserole, fruit & yogurt w/granola, blueberry cookie
5/15 Loaded Potatoes, French bread, roasted broccoli, pineapple, chocolate chip cookie

5/19 Chicken enchilada casserole, salad, cornbread, oranges, whole wheat sugar cookie
5/20 Homemade chicken tenders, roasted potatoes, green beans, apple slices, brown sugar cookie
5/21 Pizza, Caesar salad, watermelon, ice cream sundae bar