

Highlands Latin School-
First Trimester Lunch Menu – 2018-2019

Each lunch comes with milk, fruit and dessert. Fruit and dessert may vary on occasion

8/28 Pizza, Caesar salad, watermelon, brownie

8/29 Beefaroni, glazed carrots, roll, apple slices, chocolate chip cookie

8/30 Pork fried rice, egg roll, oriental slaw, oranges, whole wheat sugar cookie

8/31 Loaded Potatoes, French bread, roasted vegetables, pineapple, oatmeal butterscotch cookie

9/4 Penne pasta w/marinara or meat sauce, Caesar salad, garlic bread, apple slices, molasses cookie

9/5 Beef & Noodles, peas and carrots, roll, pineapple, caramel cake

9/6 Arroz con Pollo (chicken and rice), green beans, roll, watermelon, snickerdoodle cookie

9/7 Red beans and rice, cornbread, salad, oranges, chocolate pudding

9/11 Cheese Quesadilla, Spanish rice, refried beans, salad, peaches, lemon bar

9/12 Meatloaf, roll, mashed potatoes, glazed carrots, apple slices, brown sugar cookie

9/13 Breakfast for Lunch-Scrambled eggs, sausage links, biscuit & gravy, zucchini casserole, oranges, blueberry cookie

9/14 Make Your Own Sack Lunch-choice of sandwich/entrée, snack, fruit, vegetable, dessert

9/18 Taco Salad Bar, tortilla chips, black bean & corn salsa, fruit & yogurt w/granola, carrot cake

9/19 Chicken Pot Pie, salad, pineapple, rice krispie treat

9/20 Mac & Cheese, BBQ dogs, roasted vegetable medley, watermelon, apple crisp

9/21 BBQ Sandwich, potato salad, coleslaw, applesauce, white chocolate chip cookie

9/25 Noodles Romanoff, Caesar salad, garlic bread, sliced apples, chocolate chip cookie

9/26 Swedish meatballs w/egg noodles, roll, glazed carrots, oranges, whole wheat sugar cookie

9/27 Homemade chicken tenders, roasted potatoes, green beans, pineapple, chocolate cake

9/28 Sloppy Joe, roasted sweet potatoes, salad, mixed berries, oatmeal butterscotch cookie

10/2 Chicken Enchilada Casserole, salad, oranges, molasses cookie

10/3 Baked cheese & Sausage rigatoni, Caesar salad, garlic bread, pineapple, snickerdoodle cookie

10/4 Grilled cheese and tomato soup, salad, apple slices, brownie

10/5 Meatball Sub, chips, Caesar salad, pineapple, yellow cake

10/9 Penne pasta w/chicken cream sauce, Caesar salad, garlic bread, peaches, blonde brownie

10/10 Beefaroni, corn, roll, apple slices, chocolate crinkle cookie

10/11 Pork fried rice, egg roll, oriental salad, oranges, lemon crinkle cookie

10/12 Cheeseburger pie, green beans, pineapple, chocolate chip cookie

10/16 Taco Salad Bar, tortilla chips, black bean & corn salsa, fruit & yogurt w/granola, caramel cake

10/17 Meatloaf, roll, mashed potatoes, glazed carrots, apple slices, rice krispie treat

10/18 Breakfast for Lunch-Scrambled eggs, sausage links, biscuit & gravy, zucchini casserole, oranges, blueberry crumb cake

10/19 Loaded Potatoes, French bread, roasted broccoli, mixed berries, s'more cookie

10/23 Cheese Quesadilla, Spanish rice, refried beans, salad, applesauce, marble cake

10/24 Chicken Pot Pie, vegetables and dip, pineapple, white chocolate chip cookie

10/25 Harvest Lunch-Red Chili, roasted sweet potatoes, cornbread, salad, apple slices, special dessert

10/26 BBQ Sandwich, chips, coleslaw, peaches, brownie

10/30 Pasta Primavera, Caesar salad, garlic bread, applesauce, snickerdoodle cookie

10/31 Swedish meatball w/egg noodles, roll, peas and carrots, oranges, pumpkin cookie

11/1 Homemade Chicken Tenders, roasted potatoes, green beans, apple slices, lemon bar

11/2 Chicken Enchilada Casserole, salad, pineapple, chocolate cake

11/6 Make Your Own Sack Lunch-choice of sandwich/entrée, snack, fruit, vegetable, dessert

11/7 Arroz con Pollo (chicken and rice), green beans, roll, pineapple, s'more cookie

11/8 Mac & Cheese, BBQ dogs, roasted vegetable medley, oranges, apple crisp

11/9 Sloppy Joe, roasted sweet potatoes, salad, mixed berries, caramel cake

11/13 Grilled cheese and chicken noodle soup, vegetables and dip, pineapple, rice krispie treat

11/14 Spanish rice and Refried beans, tortilla chips, salad, oranges, whole wheat sugar cookie

11/15 Thanksgiving Dinner-Turkey & Dressing, mashed potatoes, gravy, roll, green beans, apple slices, pumpkin cookie

11/16 White Chicken Chili, cornbread, salad, applesauce, molasses cookie

Highlands Latin School

Second Trimester Lunch Menu-2018-2019

Each lunch comes with milk, fruit and dessert. Fruit and dessert may vary on occasion

11/27 Pizza, Caesar salad, pineapple, brownie

11/28 Beefaroni, corn, roll, oranges, pumpkin cookie

11/29 Pork fried rice, egg roll, oriental slaw, pineapple, yellow cake

11/30 Loaded Potatoes, French bread, roasted broccoli, peaches, chocolate pudding

12/4 Pasta Primavera, Caesar salad, garlic bread, oranges, s'more cookie

12/5 Mac & Cheese, BBQ dogs, roasted vegetable medley, pineapple, apple crisp

12/6 Homemade Chicken Tenders, roasted potatoes, green beans, applesauce, chocolate cake

12/7 Swedish meatballs w/egg noodles, roll, peas & carrots, mixed berries, molasses cookie

12/11 Penne pasta w/chicken cream sauce, garlic bread, Caesar salad, apple slices, brownie

12/12 Red beans and rice, cornbread, salad, pineapple, rice krispie treat

12/13 Christmas Dinner-Roast Beef, mashed potatoes, gravy, roll, green beans, oranges, special dessert

12/14 BBQ Sandwich, coleslaw, chips, applesauce, chocolate chip cookie

12/18 Cheese Quesadilla, Spanish rice, refried beans, salad, apple slices, snickerdoodle cookie

12/19 Arroz con Pollo, (chicken and rice) green beans, roll, oranges, whole wheat sugar cookie

1/8 Pizza, Caesar salad, pineapple, brownie

1/9 Cheeseburger Pie, green beans, apple slices, chocolate chip cookie

1/10 Taco Salad Bar, tortilla chips, black bean & corn salsa, fruit & yogurt w/granola, brown sugar cookie

1/11 Grilled Cheese and Tomato Soup, salad, peaches, s'more cookie

1/15 Chicken Enchilada Casserole, salad, oranges, rice krispie treat

1/16 Make Your Own Sack Lunch-choice of entrée, fruit, snack, vegetable, dessert

1/17 Noodles Romanoff, Caesar salad, garlic bread, apple slices, lemon bar

1/18 Red Chili, cornbread, salad, pineapple, oatmeal butterscotch cookie

1/22 Penne pasta w/marinara or meat sauce, Caesar salad, garlic bread, pineapple, apple crisp

1/23 Beef & Noodles, roll, green beans, applesauce, yellow cake

1/24 Breakfast for Lunch-Scrambled eggs, sausage links, biscuit & gravy, zucchini casserole, oranges, cinnamon roll cookie

1/25 Sloppy Joe, roasted sweet potatoes, vegetables and dip, mixed berries, pumpkin cookie

1/29 Cheese Quesadilla, Spanish rice, refried beans, salad, oranges, whole wheat sugar cookie

1/30 Beefaroni, glazed carrots, roll, apple slices, snickerdoodle cookie

1/31 Pork fried rice, egg roll, oriental salad, pineapple, chocolate pudding

2/1 Meatball Sub, chips, Caesar salad, peaches, chocolate crinkle cookie

2/5 Mac & Cheese, BBQ dogs, roasted vegetable medley, pineapple, apple crisp
2/6 Grilled Cheese and Tomato Soup, salad, peaches, brownie
2/7 Homemade Chicken Tenders, roasted potatoes, green beans, oranges, lemon bar
2/8 Make Your Own Sack Lunch-choice of sandwich/entrée, fruit, snack, vegetable, dessert

2/12 Taco Salad Bar, tortilla chips, black bean & corn salsa, fruit & yogurt w/granola, blonde brownie

2/13 Noodles Romanoff, roasted broccoli, garlic bread, apple slices, caramel cake

2/14 Valentine's Lunch-Spaghetti and Meatballs, Caesar salad, garlic bread, pineapple, special dessert

2/15 BBQ Sandwich, potato salad, coleslaw, mixed berries, lemon crinkle cookie

2/19 Pasta Primavera, Caesar salad, garlic bread, apple slices, whole wheat sugar cookie

2/20 Arroz con Pollo, (chicken and rice), green beans, roll, pineapple, yellow cake

2/21 Breakfast for Lunch-Scrambled eggs, sausage links, biscuit & gravy, zucchini casserole, oranges, blueberry cookie

2/22 Chicken Enchilada Casserole, salad, peaches, oatmeal cookie

2/26 Chicken Pot Pie, salad, fruit & yogurt w/granola, rice krispie treat

2/27 Swedish meatball w/egg noodles, roll, green beans, pineapple, chocolate crinkle cookie

2/28 Penne pasta w/chicken cream sauce, Caesar salad, garlic bread, apple slices, brownie

3/1 Loaded Potatoes, French bread, roasted broccoli, peaches, chocolate chip cookie

Highlands Latin School-

Third Trimester Lunch Menu-2018-2019

Each lunch comes with milk, fruit and dessert. Fruit and dessert may vary on occasion

3/12 Pizza, Caesar salad, pineapple, brownie

3/13 Pork fried rice, egg roll, oriental slaw, oranges, chocolate cake

3/14 St. Patrick's Day Lunch-Beef & Noodles, buttered cabbage, roll, applesauce, Irish dessert

3/15 Rigatoni and Spinach, garlic bread, Caesar salad, pineapple, blonde brownie

3/19 Beefaroni, roasted sweet potatoes, roll, apple slices, snickerdoodle cookie

3/20 Arroz con Pollo (chicken and rice), green beans, roll, pineapple, molasses cookie

3/21 BBQ Sandwich, chips, coleslaw, oranges, yellow cake

3/22 Grilled Cheese and Tomato Soup, salad, watermelon, whole wheat sugar cookie

3/26 Cheese Quesadilla, Spanish rice, refried beans, salad, oranges, rice krispie treat

3/27 Cheeseburger Pie, salad, watermelon, chocolate crinkle cookie

3/28 Breakfast for Lunch-Scrambled eggs, sausage links, biscuit & gravy, zucchini casserole, oranges, blueberry crumb cake

3/29 Noodles Romanoff, Caesar salad, garlic bread, peaches, caramel cake

4/2 Taco Salad Bar, tortilla chips, black bean & corn salsa, fruit & yogurt w/granola, brownie

4/3 Meatloaf, mashed potatoes, glazed carrots, roll, apple slices, chocolate chips cookie

4/4 Mac & Cheese, BBQ dogs, roasted vegetable medley, pineapple, apple crisp

4/5 Pasta Primavera, Caesar salad, garlic bread, oranges, pumpkin cookie

4/9 Chicken Pot Pie, salad, oranges, chocolate cake

4/10 Swedish meatballs w/egg noodles, roll, peas & carrots, pineapple, lemon bar

4/11 Homemade Chicken Tenders, roasted potatoes, green beans, apple slices, blond brownie

4/12 Loaded Potatoes, French bread, roasted broccoli, watermelon, chocolate chip cookie

4/16 Chicken Enchilada casserole, salad, pineapple, molasses cookie

4/17 Red beans and rice, salad, cornbread, applesauce, chocolate chip cookie

4/18 Easter Dinner-Ham, mashed potatoes, green beans, oranges, special dessert

4/23 Baked cheese & Sausage rigatoni, Caesar salad, garlic bread, pineapple, snickerdoodle cookie

4/24 Beefaroni, corn, roll, oranges, lemon bar

4/25 Pork Fried Rice, egg roll, oriental salad, apple slices, chocolate pudding

4/26 BBQ Sandwich, coleslaw, potato salad, peaches, whole wheat sugar cookie

4/30 Penne pasta w/chicken cream sauce, Caesar salad, garlic bread, watermelon, chocolate crinkle cookie

5/1 Arroz con Pollo (chicken and rice), green beans, roll, pineapple, rice krispie treat

5/2 Derby Lunch-Kentucky Hot Brown, roasted broccoli, fruit salad, special dessert

5/3 Grilled Cheese and Tomato Soup, salad, applesauce, molasses cookie

5/7 Taco Salad Bar, tortilla chips, black bean & corn salsa, fruit & yogurt w/granola, brownie

5/8 Cheeseburger Pie, salad, watermelon, lemon crinkle cookie

5/9 Cheese Quesadilla, Spanish rice, refried beans, salad, oranges, yellow cake

5/10 Penne pasta w/marinara or meat sauce, Caesar salad, garlic bread, pineapple, snickerdoodle cookie

5/14 Mac & Cheese, BBQ dogs, roasted vegetable medley, oranges, apple crisp

5/15 Chicken Pot Pie, salad, watermelon, chocolate cake

5/16 Breakfast for Lunch-Scrambled eggs, sausage links, biscuit & gravy, zucchini casserole, apple slices, blueberry cookie

5/17 Loaded Potatoes, French bread, roasted broccoli, pineapple, chocolate chip cookie

5/21 Chicken Enchilada casserole, salad, fruit & yogurt w/granola, whole wheat sugar cookie

5/22 Homemade Chicken Tenders, roasted potatoes, green beans, apple slices, blonde brownie

5/23 Pizza, Caesar salad, watermelon, ice cream sundae bar