

Spring Meadows First Trimester Lunches

9/4 Tu Pizza, salad, fruit
9/5 W Red beans and rice with salad and cornbread
9/6 Th Chicken pot pie with fruit and roll
9/7 F Sloppy Joes with slaw
9/11 Tu Spaghetti with Caesar salad and garlic bread
9/12 W Breakfast for lunch with fruit and cinnamon roll
9/13 Th Arroz con pollo with fruit and roll
9/14 F Loaded potatoes with salad and roll
9/18 Tu Swedish meatballs with salad and roll
9/19 W Tortilla soup with fruit
9/20 Th Mac and Cheese with broccoli and fruit
9/21 F Ratatouille with Caesar salad and garlic bread
9/25 Tu Taco salad with orange slices
9/26 W Broccoli cheese soup with fruit and roll
9/27 Th Pork fried rice with fruit and roll
9/28 F Chicken and dumplings with salad
10/2 Tu Pizza with Caesar salad
10/3 W Spanish rice and refried beans with fruit
10/4 Th White chicken chili with salad and cornbread
10/5 F Meatloaf with green beans, mashed potatoes and roll
10/9 Tu Bean soup and cornbread
10/10 W Lasagna with salad and garlic bread

10/11 Th Breakfast for lunch with fruit and cinnamon roll
10/12 F Broccoli rice casserole
10/16 Tu Grilled cheese and tomato soup
10/17 W Vegetable cheese casserole
10/18 Th Spanish rice and refried beans with fruit
10/19 F Roast beef and mashed potatoes and roll
10/23 Tu Meatball subs
10/24 W Loaded potatoes
10/25 Th Tortilla soup with fruit
10/26 F Beans and franks
10/30 Tu Pizza with Caesar salad
10/31 W Harvest Lunch - white or red chili
11/1 Th Pork fried rice with fruit and roll
11/2 F Make your own sack lunch
11/6 T Election Day - No School
11/7 W Spaghetti and meatballs with Caesar salad and garlic bread
11/8 Th Arroz con pollo with fruit and roll
11/9 F Ham sandwich with couscous salad
11/13 Tu Macaroni and cheese with broccoli and fruit
11/14 W Breakfast for lunch with fruit and cinnamon roll
11/15 Th Minestrone soup with fruit
11/16 F Thanksgiving Turkey and dressing